



Pennsylvania Behavioral Health and Aging Coalition
Opening Doors for Older Pennsylvanians

Recruiting Aging Coalition Trainers

Opportunity for Older Adult Volunteer Trainers in the Central Region

Are you a trainer, teacher, small group facilitator? Are you comfortable working with small groups of older adults? Do you have life experience? Have you worked as a person who brought people and meetings together? Are you comfortable leading small groups through a curriculum? Would you like a volunteer experience without a long term time commitment? If you see yourself in this picture, read on.

The PA Behavioral Health and Aging Coalition (PBHAC) is seeking older adult volunteers from across Central Pennsylvania to participate in a training pertaining to the aging process of older adults, which besides basic mental health issues, can encompass depression, substance abuse and suicide prevention.

You will then serve on a volunteer basis as a trainer to peers and family members to apprise them on the normal issues of aging; local, state and national resources available for older adults and how medical issues are intertwined with behavioral health issues. Training will be provided at no cost to you through the Coalition on October 7, 2010, from 10:00 a.m. until 4:00 p.m. in Harrisburg. Lunch will be provided. You will study the Aging Coalition Trainers (ACT) curriculum, which you will in turn commit to present to at least three small group settings in your community over the next three months. You need reliable transportation and can be reimbursed for mileage involved if necessary.

Other volunteer opportunities will be available across the state.

Learn more. Contact Jill Parisi at 717-649-0452, jill@olderpa.org or go to www.olderpa.org/act for more information.